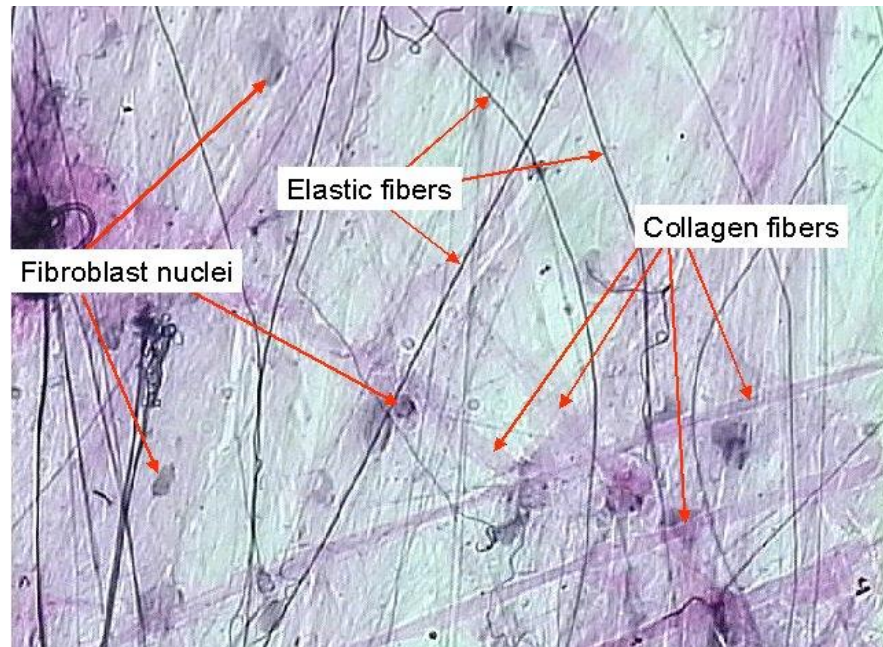
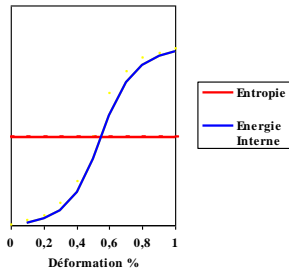
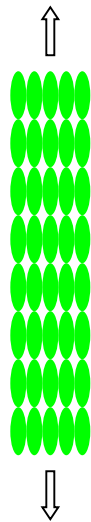
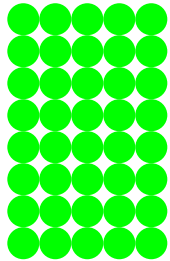
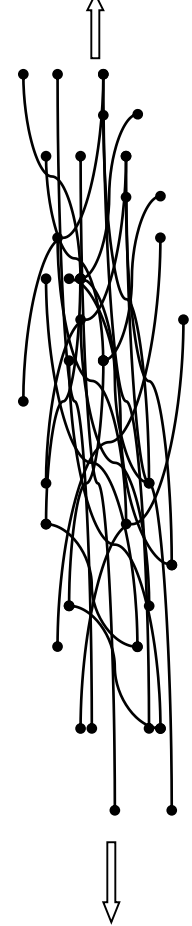
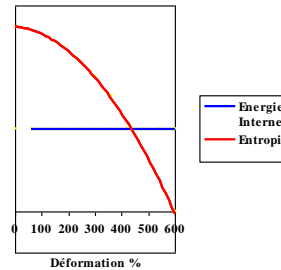
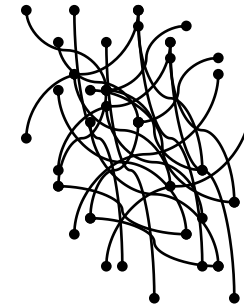


# Soft biological tissues: many challenges for continuum mechanics



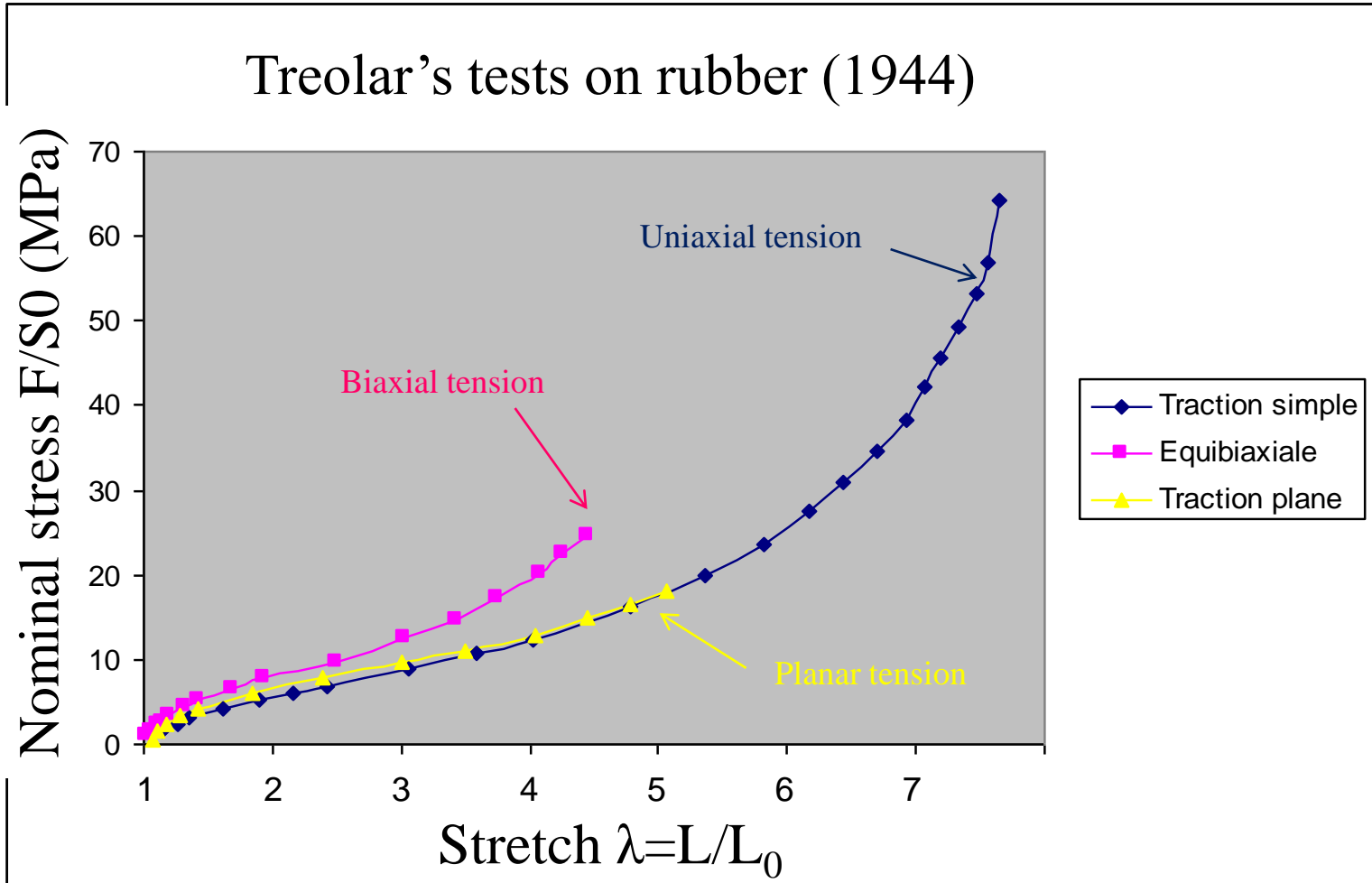


enthalpic  
elasticity  
(crystal)

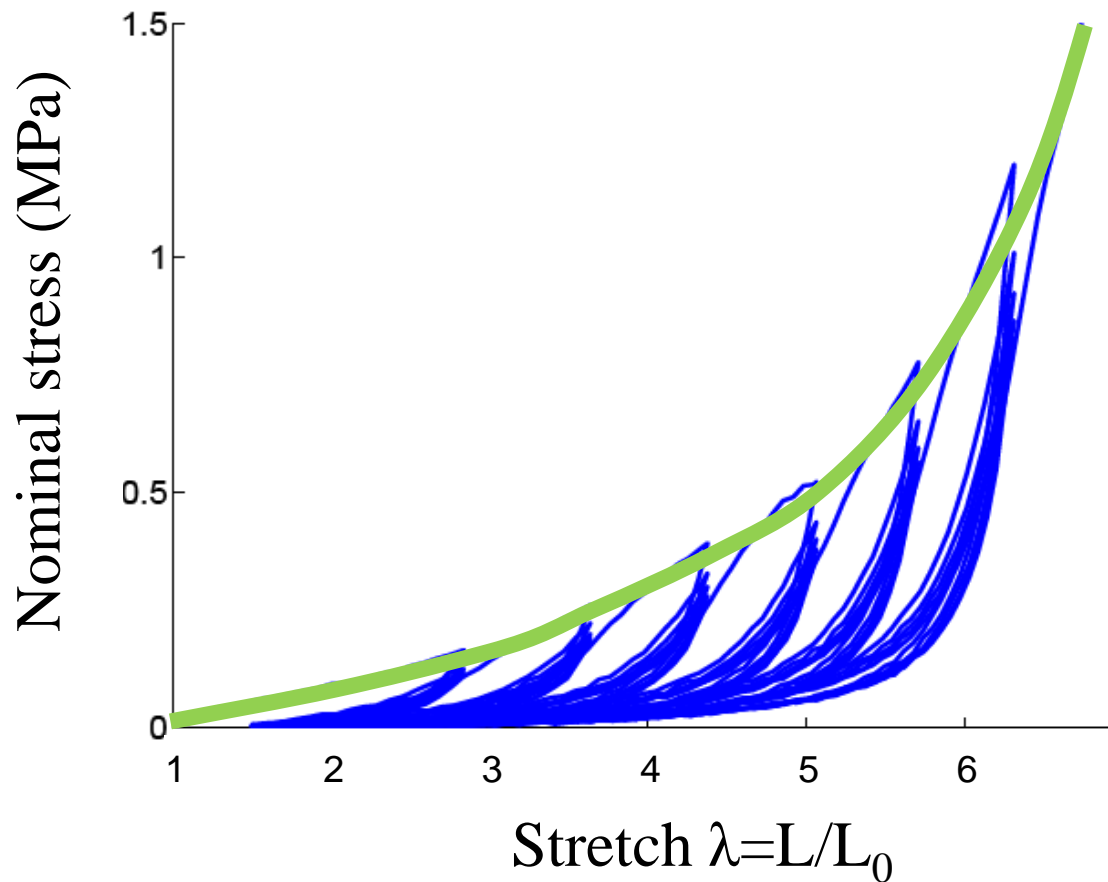


entropic  
elasticity  
(biological tissue)

# Hyperelasticity



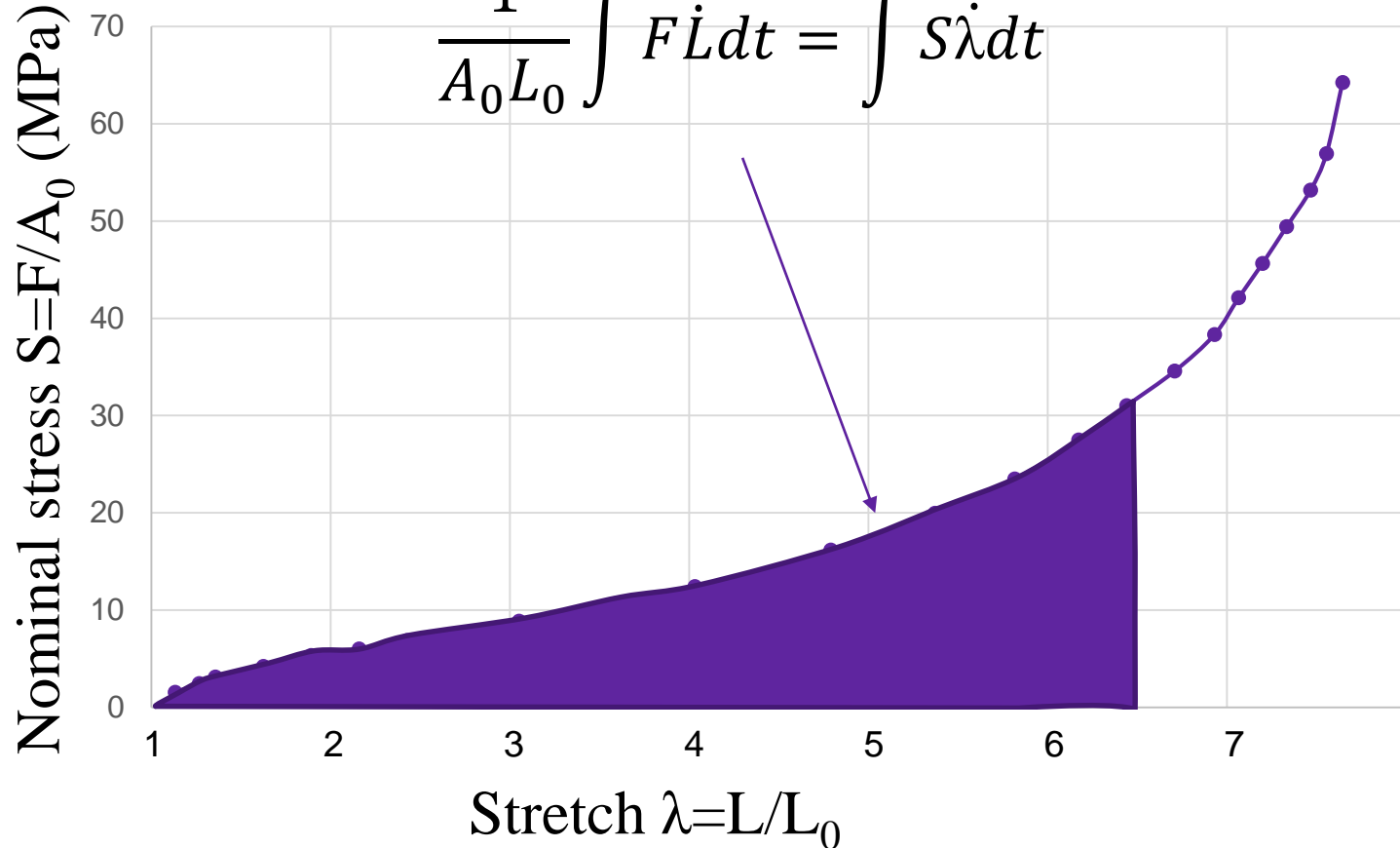
# Pseudo-hyperelasticity: Irreversible effects are neglected...

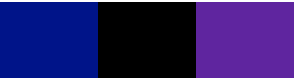


# Strain energy density

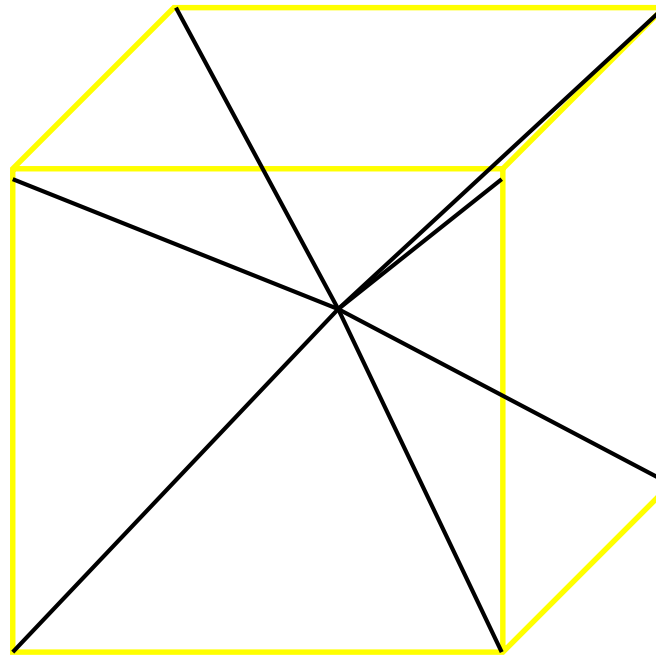
Stored energy per unit volume

$$\frac{1}{A_0 L_0} \int F \dot{L} dt = \int S \dot{\lambda} dt$$





first invariant?



# Deformation mapping in 3D

$$y_i = x_i + u_i(x_1, x_2, x_3, t)$$

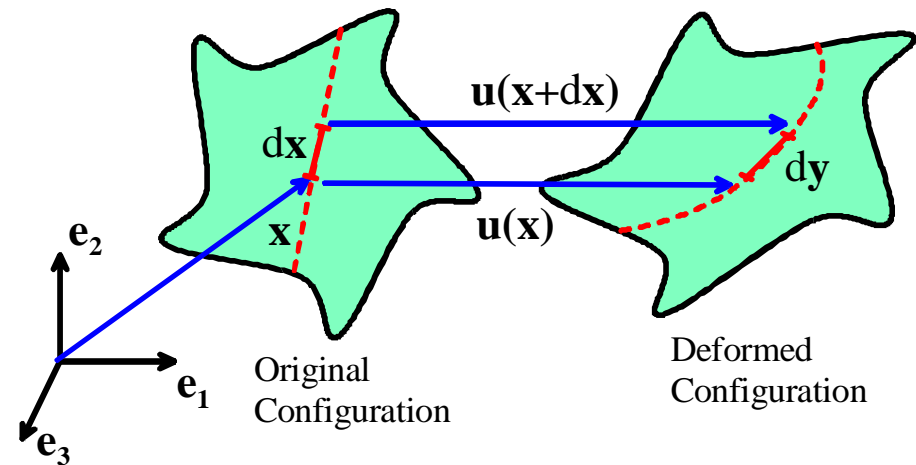
## Deformation Gradient

$$\nabla \mathbf{y} = \nabla (\mathbf{x} + \mathbf{u}(\mathbf{x})) = \mathbf{F}$$

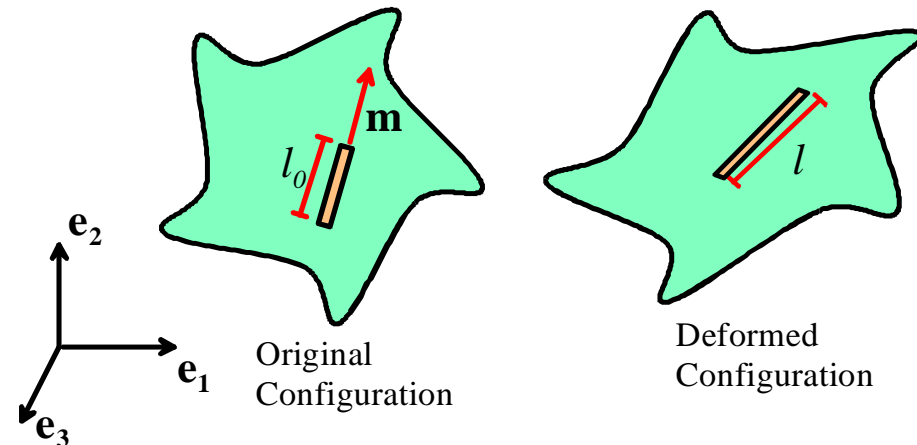
or 
$$\frac{\partial y_i}{\partial x_j} = \frac{\partial}{\partial x_j} (x_i + u_i) = \delta_{ij} + \frac{\partial u_i}{\partial x_j} = F_{ij}$$

$$d\mathbf{y} = \mathbf{F} \cdot d\mathbf{x}$$

$$dy_i = F_{ik} dx_k$$



# Green Lagrange strain



$$\mathbf{E} = \frac{1}{2}(\mathbf{F}^T \cdot \mathbf{F} - \mathbf{I}) \quad \text{or} \quad E_{ij} = \frac{1}{2}(F_{ki}F_{kj} - \delta_{ij})$$

$$\mathbf{m} \cdot \mathbf{E} \cdot \mathbf{m} = E_{ij}m_i m_j = \frac{l^2 - l_0^2}{2l_0^2} = \frac{\delta l}{l_0} + \frac{(\delta l)^2}{2l_0^2}$$

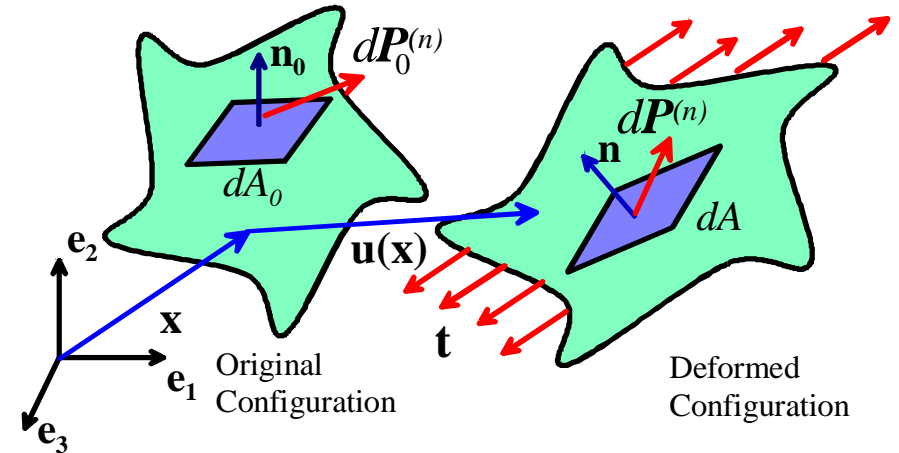


# Stress measures

True / Cauchy

$\boldsymbol{\sigma}$

Nominal/ 1<sup>st</sup> Piola-Kirchhoff



$$\mathbf{S} = J\mathbf{F}^{-1} \cdot \boldsymbol{\sigma} \quad S_{ij} = JF_{ik}^{-1} \sigma_{kj}$$

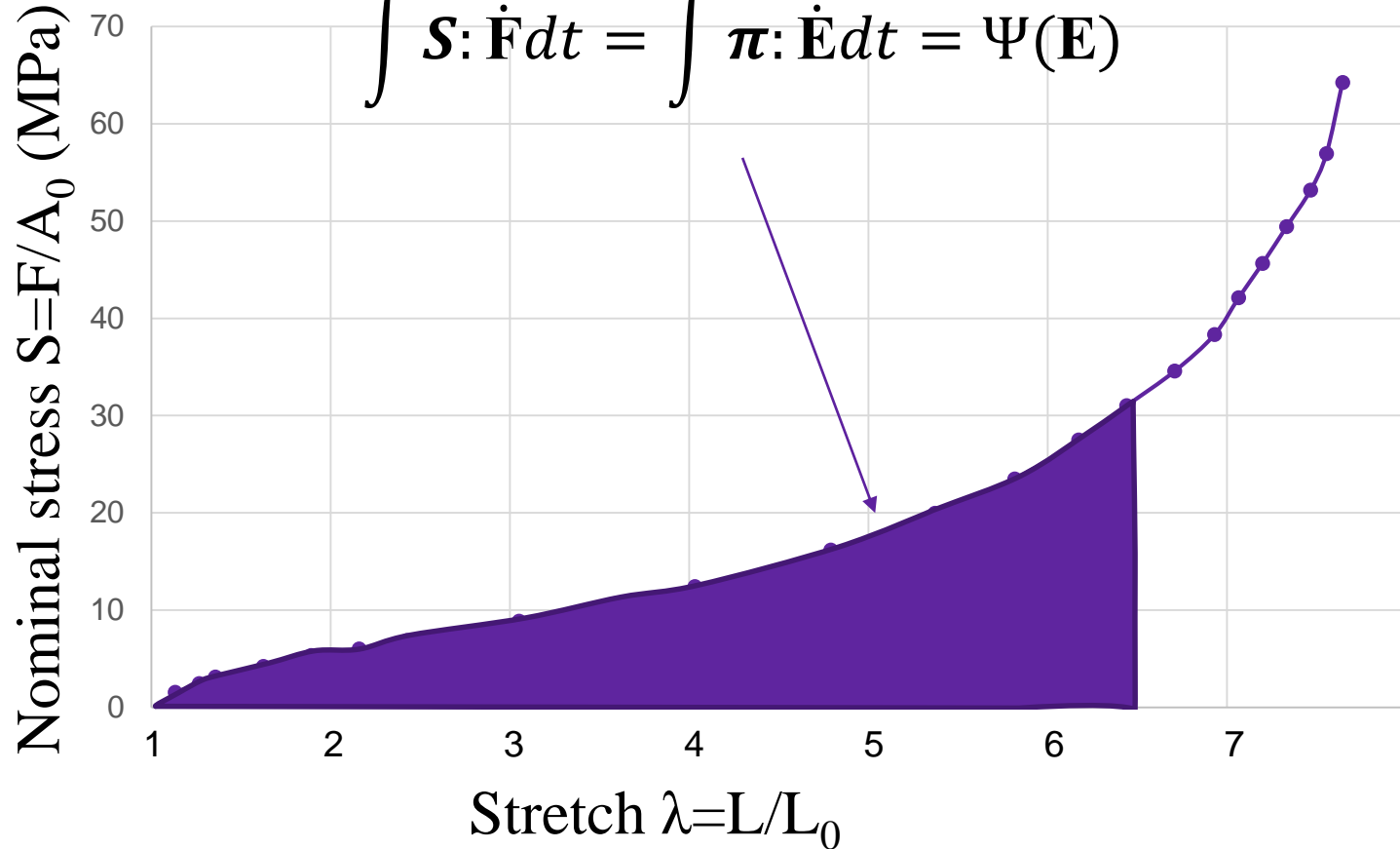
Material/2<sup>nd</sup> Piola-Kirchhoff

$$\boldsymbol{\pi} = J\mathbf{F}^{-1} \cdot \boldsymbol{\sigma} \cdot \mathbf{F}^{-T} \quad \pi_{ij} = JF_{ik}^{-1} \sigma_{kl} F_{jl}^{-1}$$

# Hyperelasticity

Stored energy per unit volume

$$\int \mathbf{S} : \dot{\mathbf{F}} dt = \int \boldsymbol{\pi} : \dot{\mathbf{E}} dt = \Psi(\mathbf{E})$$



compressible hyperelastic behaviour

$$\boldsymbol{\sigma} = J \mathbf{F} \cdot \frac{\partial \Psi}{\partial \mathbf{E}} \cdot \mathbf{F}^T$$

incompressible hyperelastic behaviour ( $J=1$ )

$$\boldsymbol{\sigma} = \mathbf{F} \cdot \frac{\partial \Psi}{\partial \mathbf{E}} \cdot \mathbf{F}^T + c \mathbf{I}$$

Strain energy density:

$$\Psi = ?$$


$$\Psi(\mathbf{E}) = \Psi(\bar{I}_1, \bar{I}_2, J)$$

## Polynomials of the first invariant

$$\Psi(\bar{I}_1, \bar{I}_2, J) = \sum_{i=1}^N C_{i0} (\bar{I}_1 - 3)^i + \sum_{i=1}^N \frac{1}{D_i} (J - 1)^{2i}$$

Initial shear modulus

$$\mu_0 = 2C_{10}$$

Initial compressibility modulus

$$k_0 = \frac{2}{D_1}$$


$$\Psi(\mathbf{E}) = \Psi(\bar{I}_1, \bar{I}_2, J)$$

Polynomials of the first invariant

$$\Psi(\bar{I}_1, \bar{I}_2, J) = \sum_{i=1}^N C_{i0} (\bar{I}_1 - 3)^i + \sum_{i=1}^N \frac{1}{D_i} (J - 1)^{2i}$$

Particular case 1: Neo-Hookean behaviour (N=1)

$$\Psi(\bar{I}_1, \bar{I}_2, J) = C_{10} (\bar{I}_1 - 3) + \frac{1}{D_1} (J_{el} - 1)^2$$


$$\Psi(\mathbf{E}) = \Psi(\bar{I}_1, \bar{I}_2, J)$$

Polynomials of the first invariant

$$\Psi(\bar{I}_1, \bar{I}_2, J) = \sum_{i=1}^N C_{i0} (\bar{I}_1 - 3)^i + \sum_{i=1}^N \frac{1}{D_i} (J - 1)^{2i}$$

Particular case 2: Yeoh behaviour (N=3)

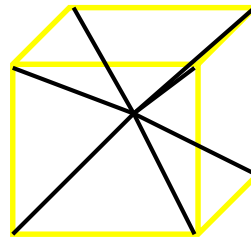
$$\Psi(\bar{I}_1, \bar{I}_2, J) = \sum_{i=1}^3 C_{i0} (\bar{I}_1 - 3)^i + \sum_{i=1}^3 \frac{1}{D_i} (J_{el} - 1)^{2i}$$

$$\Psi(\mathbf{E}) = \Psi(\bar{I}_1, \bar{I}_2, J)$$

## Other functions of the first invariant

### ARRUDA-BOYCE

Model with 8 chains



## Statistical mechanics

### Gaussian chains

$$\rho_0 \Psi = Nk\theta\sqrt{n} \left[ \beta \lambda_{\text{chain}} - \sqrt{n} \ln \left( \frac{\sinh \beta}{\beta} \right) \right]$$

$$\lambda_{\text{chain}} = \sqrt{\frac{\bar{I}_1}{3}} \quad \text{and} \quad \beta = \ell^{-1} \left( \frac{\lambda_{\text{chain}}}{\sqrt{3}} \right)$$

$$\Psi(\bar{I}_1, \bar{I}_2, J) = \mu \sum_{i=1}^5 \frac{C_i}{(\lambda_m)^{2i-2}} \left( \bar{I}_1^i - 3^i \right) + \frac{1}{D} \left[ \frac{(J_{\text{el}}^2 - 1)}{2} - \ln(J_{\text{el}}) \right]$$

$$C_1 = \frac{1}{2}; \quad C_2 = \frac{1}{20}; \quad C_3 = \frac{11}{1050}; \quad C_4 = \frac{19}{7050}; \quad C_5 = \frac{519}{673750}$$


$$\Psi(\mathbf{E}) = \Psi(\bar{I}_1, \bar{I}_2, J)$$

Forms written with the principal stretches

OGDEN

$$\lambda_1, \lambda_2, \lambda_3 \quad \text{Principal stretches} \quad \bar{\lambda}_i = J^{-\frac{1}{3}} \lambda_i$$

$$\Psi(\bar{I}_1, \bar{I}_2, J) = \sum_{i=1}^N \frac{2\mu_i}{\alpha_i} \left[ \bar{\lambda}_1^{\alpha_i} + \bar{\lambda}_2^{\alpha_i} + \bar{\lambda}_3^{\alpha_i} - 3 \right] + \sum_{i=1}^N \frac{1}{D_i} (J_{\text{el}} - 1)^{2i}$$

$$k_0 = \frac{2}{D_1} \quad \mu_0 = \sum_{i=1}^N \mu_i$$

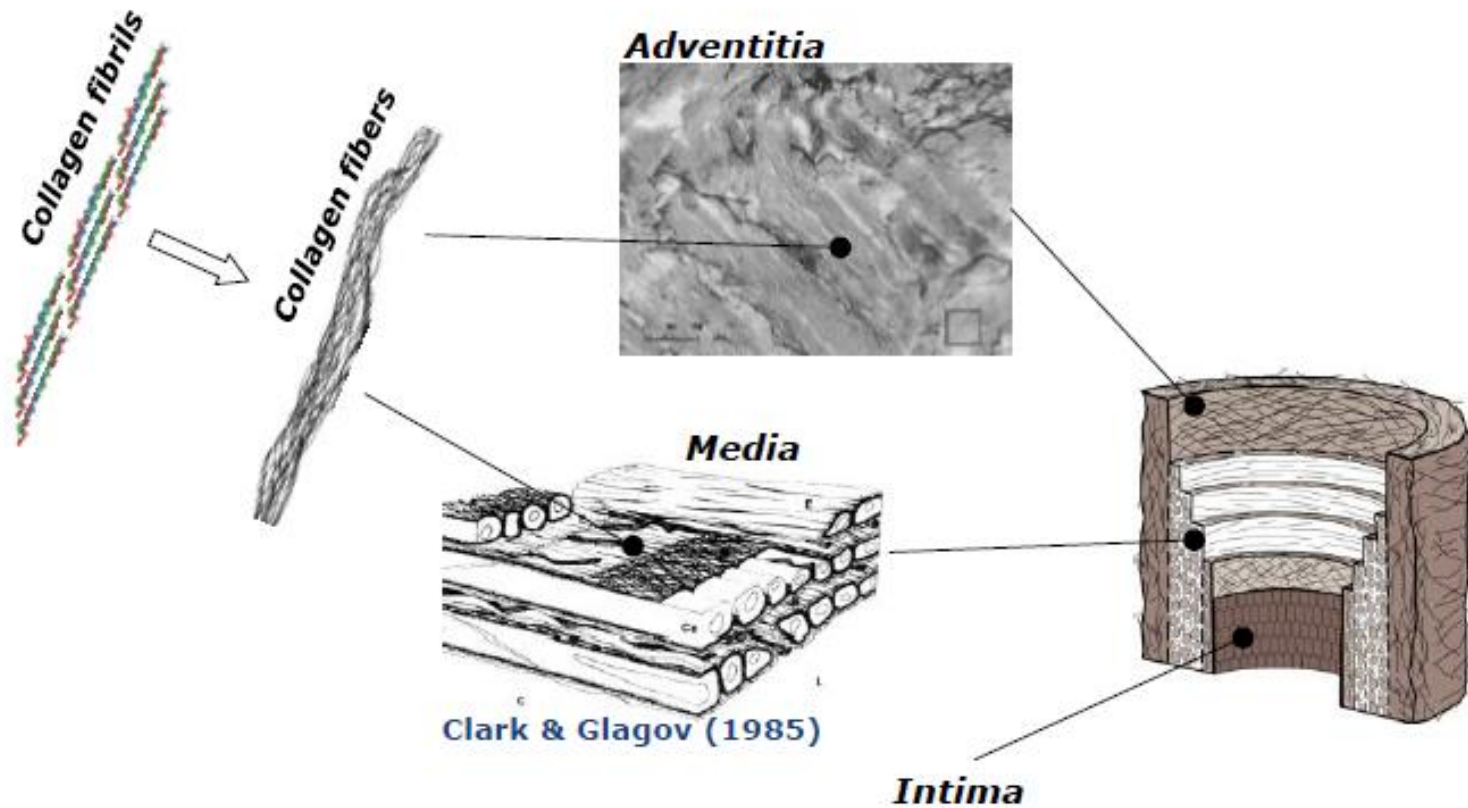
$N = 2; \quad \alpha_1 = 2; \quad \alpha_2 = -2; \quad \Rightarrow \quad \text{Mooney-Rivlin}$

$N = 1; \quad \alpha_1 = 2; \quad \Rightarrow \quad \text{Neo-Hookean}$

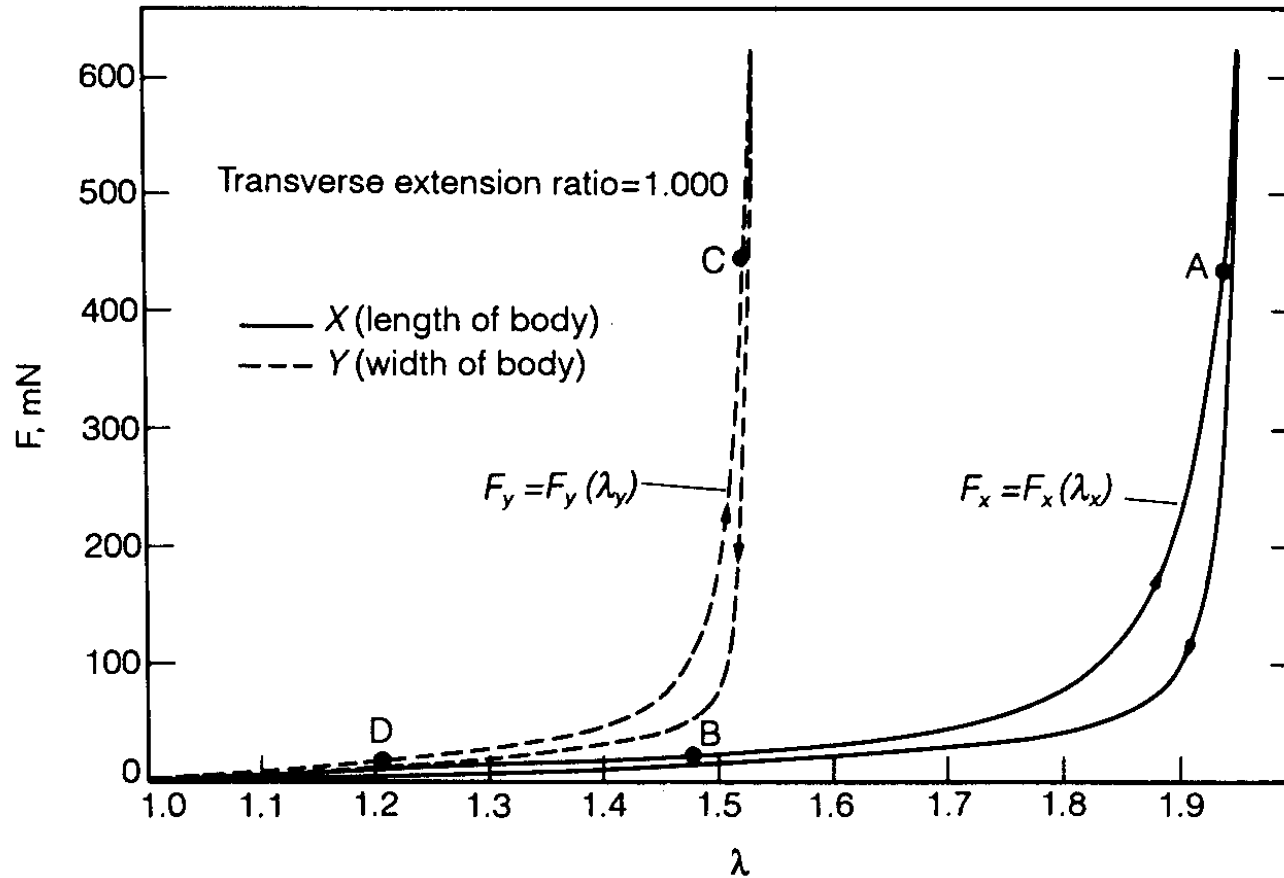


# Anisotropy induced by collagen fibers

## Hierarchical structure of vascular tissue



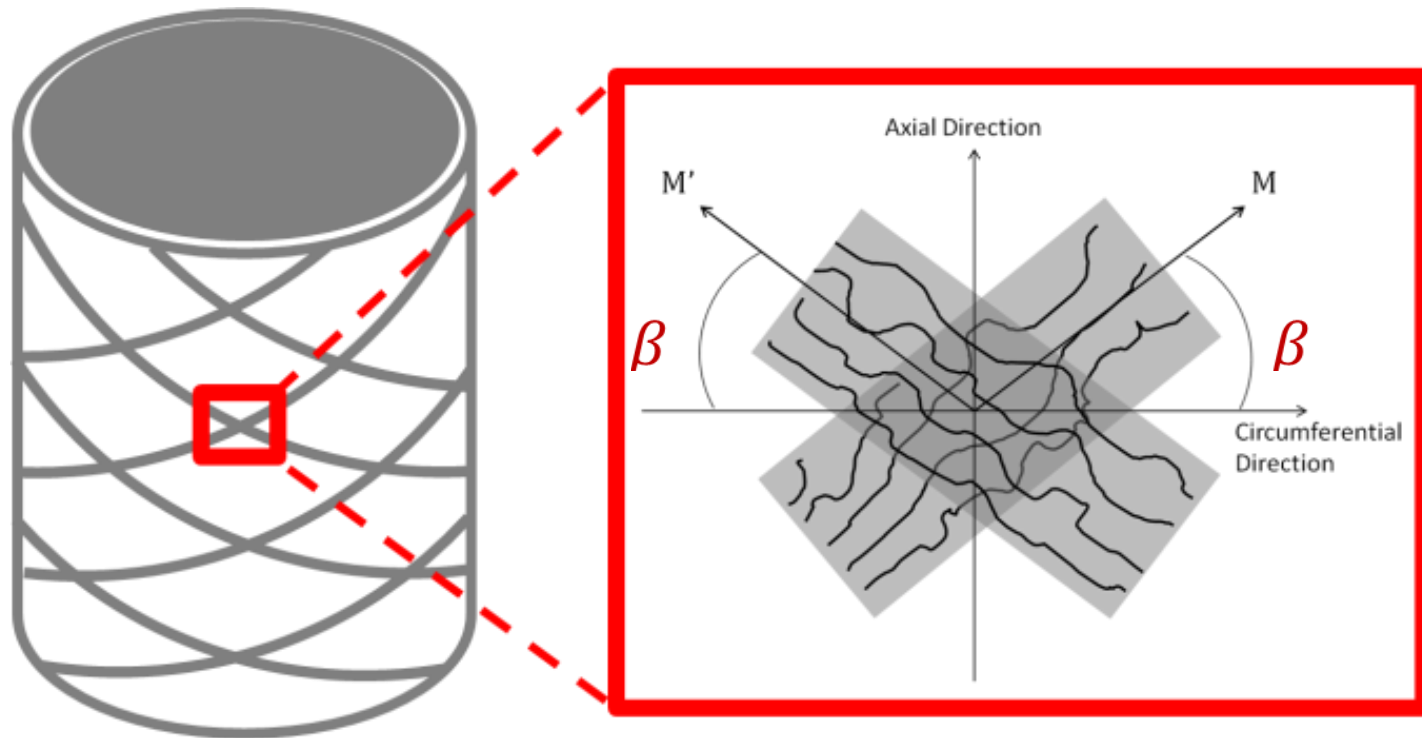
# Anisotropy induced by collagen fibers



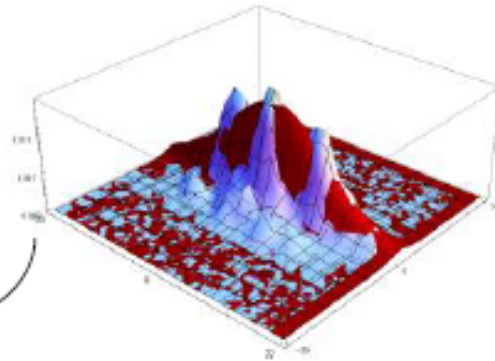
# Anisotropic strain energy density

$$\Psi_f(I_4, I_6) = \frac{k_1}{2k_2} \sum_{i=4,6} \{ \exp[k_2(I_i - 1)^2] - 1 \},$$

(Holzapfel et al., 2000)



# Micro-fiber approach



$$\boldsymbol{\sigma} = \frac{2}{\pi} \int_{\phi=0}^{\pi/2} \int_{\theta=0}^{\pi/2} \rho(\phi, \theta) \boldsymbol{\sigma}(\lambda) \text{dev}(\mathbf{m} \otimes \mathbf{m}) \cos \phi d\phi d\theta + p\mathbf{I}$$

$\boldsymbol{\sigma}(\lambda)$  *Cauchy stress of a bundle of collagen fibrils*

$\rho(\phi, \theta)$  *Orientation density function (Bingham)*

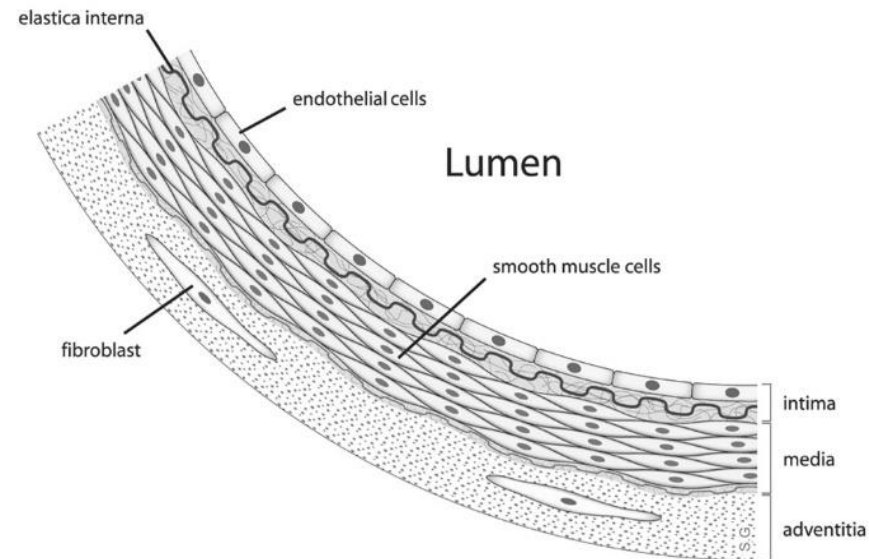
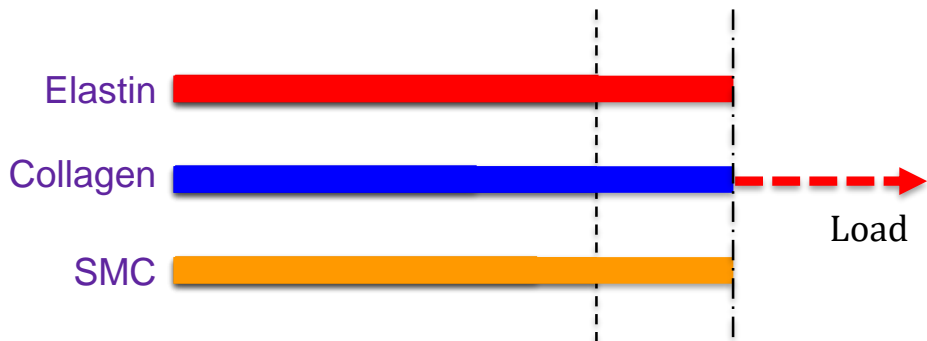
$\mathbf{m} = \mathbf{FM}/|\mathbf{FM}|$  *Spatial fiber bundle direction*

# Layer-specific constitutive model

Strain-energy function based on the constrained mixture theory

$$W = \varrho_t^e (\overline{W}^e(\overline{I}_1^e) + U(J_{el}^e)) + \sum_{j=1}^n \varrho_t^{c_j} W^{c_j}(I_4^{c_j}) + \varrho_t^m W^m(I_4^m)$$

Deposition stretch of each constituent:



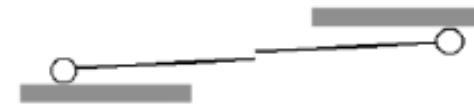
# Damage and plasticity

## Collagen fiber stress (2<sup>nd</sup> Piola-Kirchhoff)

$$d = 1 - \exp[-a(\lambda_{st}/\lambda_{st0} - 1)^2]$$

Damage

Damage due to slide-apart glycan duplex



$$S_c = (1 - d)c_f \langle \lambda / \lambda_{st} - 1 \rangle$$

$c_f$  Elastic fiber stiffness

$\lambda$  Total fiber stretch

$$Y = Y_0 + \eta \dot{\lambda}_{st}$$

Plastic deformation

Plastic sliding of the glycan duplex

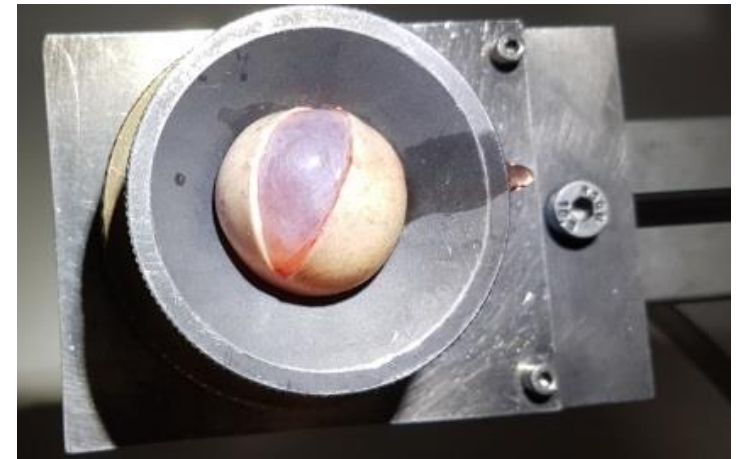
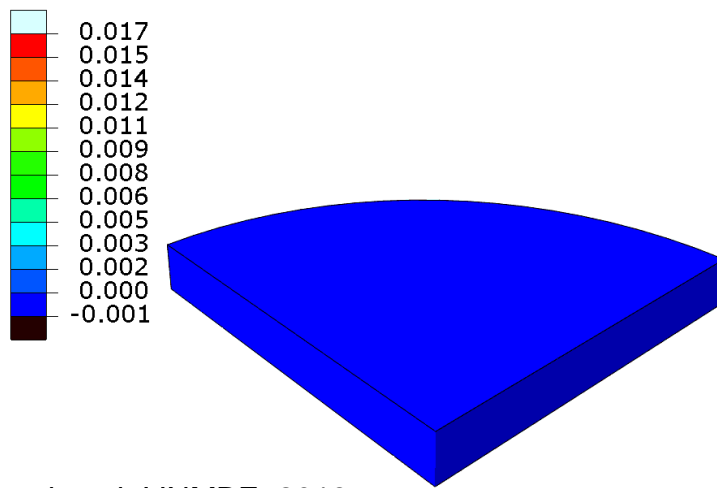


Gasser, Acta Biomater (2011)

# Abaqus finite-element implementation and verification

- ✓ FE software ABAQUS coupled with UMAT
- ✓ Hexahedral and tetrahedral elements
- ✓ Structural mesh ( $r, \theta, z$ )
- ✓ Two different layers (media and adventitia)

(Avg: 75%)



Mousavi et al, IJNMBE, 2018

# Time dependent material properties: different approaches

